



BioNatural Healing College

(BNHC Online)

Cultivating knowledge, skills, and character of students.



BNHC E-MAGAZINE

AUGUST ISSUE #89



— TO —

3RD INTERNATIONAL BIONATURAL HEALING CONFERENCE

— VIRTUAL —



AUGUST 24-25, 2026

HEALING • HEALTH • NUTRITION • PLANTS • ENVIRONMENT
SCIENCE • SUSTAINABILITY • INNOVATION



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RESEARCH



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SOLUTIONS



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APPROACH



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COMMUNITY
WELL-BEING



SUSTAINABLE
FUTURE



VIRTUAL
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FOR REGISTRATION, CONTACT EMAIL:

info@bionaturalhealingcollege.org

TOGETHER FOR A HEALTHIER HUMANITY AND A SUSTAINABLE PLANET

Contents

Message: from the President of BNHC
BNHC Board of Directors: Dr. Nadir Siddiqi Ph.D., Mrs. Aziza Siddiqi, Mr. Zalmi Gulzarzada, Mr. Ghaus Siddiqi, Mr. Naveed Siddiqi

Invitation to 3rd International BioNatural Healing Conference, Virtual, Pomona, California USA, August 24-25 2026.

Staff & Faculty: Mrs. Zarghuna Bashary, Ms. Sadaf Abbas, Mrs. Lima Naderi Mr. Wais Seddiqi, Prof. Dr. Mohammad Nabi Aslamy, Dr. Rebecca Anklam, Dr. Mehdi Kamali, Dr. Bera Dordoni, Dr. Pamir Mohmand, Dr. Tanveer Alam, Dr. Masood Ahmad, Dr. Vivek Sharma (Advisor), and Dr. Mona Salem. Dr. Marayam Ekramazadeh, Dr. Imranulla Shah, Dr. Pratibha Sharma and Dr. Shivani Sharma.

Learning: BioNatural Healing College

Medicinal plants, Nutrition, Health, Environment, Body, Mind, Spirit, Sleep, Exercise, and related issues.

Science Research:

Agriculture, Environment, Public Health, Technology

Innovation, Educational Announcement (Conference, Workshop):

BNHC News & Advertisements:

About US: Mission, Vision

Contact US: Email:
info@bionaturalhealingcollege.org
(909) 242-6342 P.O. Box 218 La Verne, California 91750 USA.

Message: from the President of BioNatural Healing College (BNHC)



Greetings,

I am profoundly grateful to Almighty God for the opportunity to welcome you on behalf of **BioNatural Healing College (BNHC Online)**, a nonprofit educational institution based in Pomona, California, USA, and to invite you to the **3rd International BioNatural Healing Conference**, to be held virtually on **August 24–25, 2026**. BNHC E-Magazine typically features educational articles on nutrition, human health, and environmental health. In recognition of this important international event, the August issue is dedicated to providing conference information and highlighting the contributions of our esteemed speakers. We are honored to present their expertise and invite our readers to participate in this valuable virtual gathering.

This conference brings together distinguished speakers, researchers, educators, health professionals, agricultural experts, and community leaders from the United States and around the world. The program will address important topics in human health, nutrition, microbiome science, traditional and herbal medicine, sustainable agriculture, soil health, food security, climate change, plant protection, women's empowerment, mental health, and environmental stewardship. Through the exchange of research, practical knowledge, and diverse international perspectives, this conference aims to promote healthier communities, sustainable food systems, and greater understanding of the relationship between human health, plant health, and environmental well-being.

We warmly invite students, researchers, educators, farmers, health professionals, and colleagues worldwide to join us in this meaningful virtual event.

Dr. M. Nadir Siddiqi, Ph.D.
BioNatural Healing College



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(BNHC Online) – Leadership, Faculty, and Staff

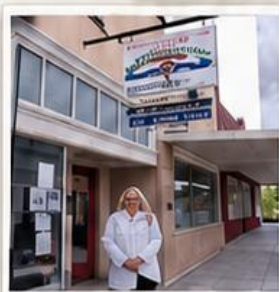
President

Dr. Nadir Sidiqi Ph.D.



BNHC

Prof. M.
Nabi
Aslamy



Dr. Rebecca Anklam



Dr. Bera Dordoni



Dr. Masood Ahmad

Dr. Mehdi
Kamali



FACULTY



Dr. Vivek Sharma



Dr. Tanveer Alam



FACULTY – NAME

Dr. Maryam
Ekramzadeh

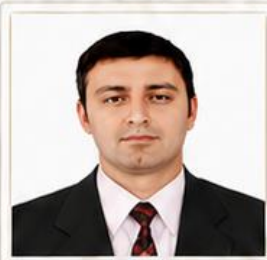
Dr. Pamir
Momand



FACULTY



Dr. Pratibha Sharma
FACULTY – NAME



Dr. Imranulla Shah
FACULTY – NAME



FACULTY – NAME

Dr. Bushra
Shaida

Dr. Mona Salem
Mrs. Zarghuna Bashary
Mr. Wais Seddiqi
Ms. **Sadaf Abbas**



Dr.. Shivani Sharma



BioNatural Healing
College

**Stands on 7 Core
Pillar Foundations as
follows**

3. A series of complex chains involved with food production from the field to the mouth of the human body desperately needs scientific research to maximize healthy, nutritionally food production and end malnutrition and food insecurity.

2. No harm to public health and environmental health (Biodiversity) including pollinators, surface water, groundwater, soil, and air

5. Listen, love, appreciate, and respect with deep conscience and subconscious the connection between the genes of your body and beautifully ecologically in sense of feeling, feeding, fueling, and healing.

1. All living organisms are made from water. This beautiful connection connects us to praise the Creator of Creation for the provision of feeding, fueling, and healing to humanity.

4. Harmful pests such as insects, and pathogens causing to human and plant health and loss of economic problems. BioNatural chemicals from plants, microorganisms, and ocean-living organisms exist and need further research to discover along with safety to utilize for the health improvement of humans as well as BioNatural Pest Management (insects, fungi, bacteria, viruses, nematodes, weeds, rodents, etc.).

6. The brilliant human mind can be irrigated with balanced drinking clean water as a whole-body system to detoxify the toxicant from their body systems as well as to detoxify the soil, water, and environment from harmful chemicals, particularly pesticides through collaboration, and dedication from the individual, family, community, and scientific community locally and globally.

7. BNHC provides a high-quality science-based foundation through online education to fit and accommodate the needs of each prospective student for the sustainability and prosperity of his or her own, family, community, and humanity.



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3rd International BioNatural Healing Conference (Virtual)

August 24-25, 2026, Pomona, California, USA

BNHC Conference Committee



Chair Dr. Nadir Sidiqi, BNHC President/Conference



Mr. Wais Seddiqi BNHC Student Coordinator



Dr. Bahaudin G. Mujtaba, Nova Southeastern BNHC University Florida



Dr. Mehdi Kamali, UC Riverside/BNHC



Dr. Akhtar Ali University of Tulsa, Oklahoma



Dr. Bera Dordoni BNHC/Prof.



Dr. Rebecca Anklam Professor at BNHC, New Mexico State



Mrs. Zarghuna Bashary BNHC, Academic Students Advisor California



Ms. Sadaf Abbas BNHC Coordinator



2018

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3rd International BioNatural Healing Conference (Virtual) August 24-25, 2026, Pomona, California, USA

3 rd International BioNatural Healing Conference	Conference Invited Speakers	Allocated Time	Location
Dr. Nadir Sidiqi, Conference Chair (MS, MS, Ph.D., Agricultural Science, Ph.D., Natural Medicine, Licensee as an Agricultural Adviser State of California Department of Presicide Regulation) President/Dean of Academics BioNatural Healing College (BNHC) Pomona, California.	• Conference Host: Dr. Bera Dordoni – Opening and Introduction • Dr. Nadir Sidiqi – Opening Address and Welcome • Ms. Maryam Quraishi – Welcome Message on Behalf of the BNHC Graduate Students, Class of 2026 (5 min)	 7:00 AM Pacific Time, California Time 10-15 Minutes	Pomona, California, USA
Host Dr. Bera Dordoni N.D. The Wellness Whisperer over 35 years of serving as oriented Naturopathic Doctor/Nutritionist. Also Prof. at BioNatural Healing College (BNHC).	Conference Host 	 Host Welcome Begin 7:00 AM Pacific Time California Time 5 Minutes	Arizona, USA



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3rd INTERNATIONAL BIONATURAL HEALING CONFERENCE (VIRTUAL)

AUGUST 24-25, 2026 • POMONA, CALIFORNIA, USA

INVITED SPEAKERS	TITLE OF PRESENTATIONS		ALLOCATED TIME	LOCATION
Dr. Rafiya Munshi, Prof./Director School of Nutrition and Dietetics Symbiosis Skills and Professional University Pune India.	The Microbiome Modulation for Life Stages in Women		 7:30 AM California Time 10-15 Minutes	 India Time 8:00 PM
Prof. Dr. Mohammad Kamil, M.Sc., M.Phil., Ph.D., D.Sc. C.Chem, FRSC (U.K.). Director General Lotus Holistic Health Institute, Head Scientific Committee, Sheikh Zayed International TCAM Awards Organizing Secretary-TCIM-2026	Traditional Medicine Standardization and Quality Control Safety of Public Health		 7:45 AM California Time 10-15 Minutes	 United Arab Emirates (UAE) Time 6:45 PM
Professor. Dr. Badiaa Lyoussi Member of the Apitherapy Commission of Apimondia Member of Scientific Council Francophone Society of Apitherapy Advisory Board Member of International Propolis Research Group (IPRG) President of NGO: Science and Health University Sidi Mohamed Ben Abdullah, Fez, Morocco	Medicinal Plants in Arabo-Islamic Medicine: From Traditional Knowledge to Therapeutic Innovation		 8:00 AM California Time 10-15 Minutes	 Morocco Time 4:00 PM





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INVITED SPEAKERS	TITLE OF PRESENTATIONS		ALLOCATED TIME	LOCATION
Dr. Wakil Ahmad Sarhadi, Department of Earth and Environmental Sciences, Faculty of Science and Engineering, University of Manchester, UK	Food Security in Afghanistan		 8:15 AM California Time 10-15 minutes	 Manchester, UK Time 4:15 PM
Dr. Tanveer Alam, Sabanci University Nanotechnology Research and Application Centre Orta Mahalle, Universite Caddesi No. 27, Tuzla, 34956, Istanbul, Republic of Turkey (Also, Prof. At BNHC)	Aromatic Plants in Herbal Medicine: Research Scope, Challenges and Opportunities		 8:30 AM California Time 10-15 Minutes	 India Time 9:00 PM
Dr. John Idowu, Extension Agronomy Specialist New Mexico State University, Las Cruces, NMSU College of Agricultural Consumer and Environmental Sciences	Soil Health: The Foundation of Sustainable Agriculture		 8:45 AM California Time 10-15 Minutes	 New Mexico State, USA Time 9:45 AM
Dr. Rabia Formoli, MD Retired Pediatrician	Early Childhood Nutrition		 9:00 AM California Time 10-15 Minutes	 California, USA Same Time



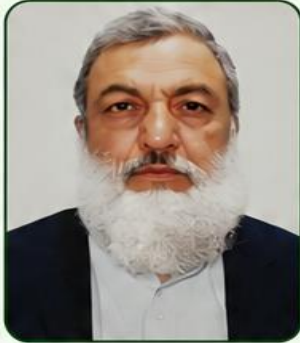


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INVITED SPEAKERS	TITLE OF PRESENTATIONS	PHOTO	ALLOCATED TIME	LOCATION
Dr. Vivek Sharma Professor & Deputy Director(O), Baba Farid University of Health Sciences (BFUHS), Faridkot, Punjab, India. Also, Advisor at BNHC	Comprehensive Botanical and Phytopharmacological Evaluation of <i>Urtica dioica</i> L. from the Northwestern Indian Himalayas		 9:15 AM California Time 10-15 Minutes	 India Time 9:45 PM
Professor Sayed Mohammad Kabir Faculty of Agriculture, Helmand University, (Former Dean and Chair Agr. Economics and Extension at Kandahar University) Dr. Najib Malik Head of Agricultural and Research Development Ibn-Sina Research and Development Organization.	The Economic Importance of Cumin (<i>Cuminum cyminum</i>) and Wild Black Cumin (<i>Bunium persicum</i>) in Rural Livelihoods in Afghanistan		 9:30 AM California Time 10-15 Minutes	 Afghanistan, Time 9:00 PM Canada Toronto Time 12:30PM
Dr. Imran Ullah Shah, Assistant Professor Higher Education Commission (HEC) PhD-Approved Supervisor. Also, Prof. at BioNatural Healing College (BNHC).	Determinants of Nutritional Status & Dietary Habits of Female Adolescents: A School-based Cross-sectional Study conducted in Lahore, Pakistan.		 9:45 AM California Time 10-15 Minutes	 Pakistan Time 9:45 PM

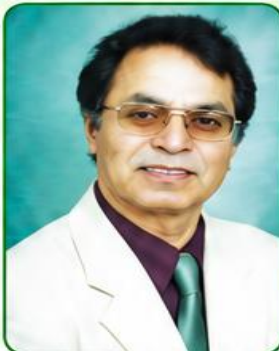


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INVITED SPEAKERS	TITLE OF PRESENTATIONS	PHOTO	ALLOCATED TIME	LOCATION
Dr. Najib Malik, Head of Agriculture Research and Development, Ibn-e-Sina Research and Development Organization. Mr. Mohammad Hashem Aslami, NRM and Saffron Specialist, Ibn-e-Sina Research and Development Organization Mr. Mohammad Fahim Zaheer, Climate Hazard Centre, University of California at Santa Barbara.	The Impacts of Climate Change on Saffron (<i>Crocus sativus</i> L.) Production and Productivity in Afghanistan.		 10:00 AM California Time 10-15 Minutes	 Canada Toronto Time 1:00 PM
Dr. Pratibha (M.Sc., Ph.D.) Professor at BioNatural Healing College (BNHC).	Phytonutrients as Natural Bioactives: Emerging Trends in Biotechnology and Human Health		 10:15 AM California Time 10-15 Minutes	 India Time 10:45 PM





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 INVITED SPEAKERS	 TITLE OF PRESENTATIONS	 SPEAKER PHOTO	 ALLOCATED TIME	 LOCATION
Dr. Shivani Sharma, Professor at BioNatural Healing College (BNHC)	Plant-based Nutrition for a Healthier Future: Clinical, Nutritional, and Environmental Perspectives		 10:30 AM California Time 10-15 Minutes	 India Time 11:00 PM
Dr Bushra Shaida, An academician and researcher in Nutrition and Dietetics with over 10 years of teaching and research experience. She is currently serving as an Assistant Professor at the Centre of Nutrition and Dietetics, Jamia Hamdard, New Delhi. Also, a Prof. at BNHC Online.	Intermittent Fasting and Gut Microbiota: Implications for Metabolic and Immune Health		 10:45 AM California Time 10-15 minutes	 India Time 11:15 PM
Dr. Bahaudin G. Mujtaba, MS-LAW, MBA, DBA, SHRM-CP, SHRM-SCP Professor of Human Resources / International Management Huizenga College of Business and Entrepreneurship (AACSB- accredited), Nova Southeastern University, Florida	Mental Health Challenges in the Modern Workplace and the Role of Human Resources Management.		 11:00 AM California Time 10-15 Minutes	 Florida State, USA Time 1:00 PM



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 INVITED SPEAKERS	 TITLE OF PRESENTATIONS	 SPEAKER PHOTO	 ALLOCATED TIME	 LOCATION
Dr. Pamir Momand Assistant Professor and Head Department of Plant Protection Faculty of Agriculture, Laghman University, Also, a Professor at BNHC.	"Integrated Management of Early Blight of Tomato Caused by <i>Alternaria solani</i> (Ellis and Martin) Jones and Grout."		11:15 AM California Time 10-15 Minutes	Afghanistan Time 11:45 PM
Dr. Masood Ahmad Assistant Professor Department of Horticulture, The University of Agriculture, Peshawar, Pakistan.	Floriculture in Khyber Pakhtunkhwa, Pakistan: Current Status and Future Prospects		11:30 AM California Time 10-15 Minutes	Pakistan Time 11:30 PM
Mr. Mostafa Sherzad, Senior Environmental Scientist Supervisor.	Principle of Pasteurization and Dairy Products		11:45 AM California Time 10-15 Minutes	California, Time USA
Dr. Akhtar Ali, Professor of Virology Oliphant Hall, Room N 106 Department of Biological Science The University of Tulsa, Oklahoma	Plant Diseases and Their Impact on Food Security		12:00 PM California Time 10-15 Minutes	Oklahoma, USA 2:00 PM





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 INVITED SPEAKERS	 TITLE OF PRESENTATIONS	 SPEAKER PHOTO	 ALLOCATED TIME	 LOCATION
Dr. Mehdi Kamali, Assistant Specialist Department of Plant Pathology UC Riverside/ BNHC Faculty Member	Protecting Our Avocado Trees: Using PCR-based Detection to Control Avocado Sunblotch Disease		12:15 PM California Time 10-15 Minutes	Riverside, California, USA
Ms. Nazira Rahman, Food Security and Women Economic Empowerment Expert, Agriculture Department ISRAND (Former Director of Home Economics Department Ministry of Agriculture, Irrigation and Livestock). (Former Deputy Minister of Women Economic Empowerment, Ministry of Women's Affairs).	Women's Empowerment: The Key to Sustainable Agriculture and Food Security in Afghanistan		12:30 PM California Time 10-15 Minutes	Australia Sydney/Melbourne Time 5:30 AM May be prerecord.
Dr. Essam Abdelfattah BVSc., MVSc., Ph.D. State Veterinarian Animal Brach California Department of Food and Agriculture (CDFA)	The International Threat: New World Screwworm (Flesh eating parasitic fly)		12:45 PM California Time 10-15 Minutes	California USA
Dr. Rebecca Anklam, A Board Certified, licensed Naturopathic Doctor (ND) and Homeopathic Medical Doctor Also, Professor at BNHC	Medicinal Mushrooms: Reviving Traditional Healing in Naturopathy's Modern Approach to Cancer Treatments		1:00 PM California Time 10-15 Minutes	New Mexico State USA 2:00 PM

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 INVITED SPEAKERS	 TITLE OF PRESENTATIONS	 ALLOCATED TIME	 LOCATION
Dr. Siavash Taravati QAL, FR Branch II Area Integrated Pest Management Advisor UC Cooperative Extension, Riverside County, California.	Reduced-Risk Pest Control and its Challenges: From Bait to EPA.	 1:15 PM California Time 10-15 Minutes	 Riverside, California USA.
Dr. Sidiqi	Conference Closing Remarks	 1:30 PM California Time 10 minutes	 Pomona, California



For Registration: Contact: Mr. Wais Seddiqi info@bionaturalhealingcollege.org Or Mrs. Zarghuna Bashary

Email: Zbashary@bionaturalhealingcollege.org



The Zoom link and password will be provided on **August 17, 2026**.
The conference will begin at **7:00 AM Pacific Time (California, USA)**, and the speakers' schedule will be announced shortly.

“BioNatural Healing College (BNHC) sincerely appreciates your generous contribution towards the Gift of Education. Your donation plays a pivotal role in supporting scholarships for students in need, empowering them to achieve their educational aspirations. We extend our deepest gratitude for your generosity and commitment to education.”

Scholarship Waiting, List Students

1. Fazalomar Ali Herbal Science & Master Herbalist Tuition Fee \$1600
2. Sayed Israr Sayedi BioNatural Pest Management Tuition Fee \$1600
3. Asadullah Maroof MS degree BioNatural Health Sciences Tuition Fee \$2500
4. Hatam Malyar Nutrition & Brain Function Consultant Tuition Fee \$1600
5. Sahar Bashari Nutrition & Brain Function Consultant Tuition Fee \$1600
6. Kawser Bashari Nutrition & Brain Function Consultant Tuition Fee \$1600
7. Habiburahman Ghafori MS Degree BioNatural Health Sciences Tuition Fee \$2500

Online Diploma/ MS Degree

BNHC is a Nonprofit Online Institution that offers Online 4 Diploma/Master in BioNatural Health Sciences. Online MS Degree in BioNatural Health Sciences (Focuses on Human Health Improvement & Disease Prevention, Nutrition, Phytonutrients, Lifestyle Biological Modification, Holistic, Ecological Approaches





BioNatural Healing College

2018

Cultivating knowledge, skills, and character of students.

BIONATURAL HEALING COLLEGE (BNHC ONLINE)

BASED IN POMONA, CALIFORNIA, PRESENTS

→ FOUR ONLINE ← DIPLOMAS



1

**BIONATURAL
PEST MANAGEMENT**



2

**NUTRITION AND
BRAIN FUNCTION
CONSULTANT**



2

**PLANT BASED
NUTRITION**



3

**HERBAL SCIENCE &
MASTER HERBALIST**



- Natural Solutions
- Scientific Evidence
- Sustainable Future



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SCHEDULING**



**WITH AFFORDABLE
TUITION FEE**



**UNDER HIGHLY
QUALIFIED**



Please contact at
info@bionaturalhealingcollege.org



Phone at
909-242-6342



Mission: BioNatural Healing College (BNHC) is a non-profit public benefit institution that has tax-exempt status under the Internal Revenue Service, Section 501(c)(3) of the United States of America. Our goal is to offer a high-quality education a diploma program as well as holistic health and nutrition conferences, seminars, workshops, and continuing education. The focus of these educational programs is to offer healing and holistic nutrition science through online distance learning. These dynamic online education programs will provide diverse adult learners throughout the world the experience of enhancing their quality of life, their health, and their happiness.

Vision: The faculty, staff, and management team of BioNatural Healing College (BNHC) are passionately committed to providing the best teaching possible in this field. We seek to encourage, motivate, and explain the importance of this field to prospective students so that they may make an informed decision regarding enrollment. We seek an ultimate goal of satisfaction for the student based on responsibility, commitment, respect, awareness, and sustainable education for society.

Accreditation and Recognition: BioNatural Healing College (BNHC), based in California, is dedicated to providing high-quality online education and vocational online distance learning to students worldwide. As a legally recognized institution, it is authorized to operate by the State of California's Bureau for Private Postsecondary Education, by the established educational code. While BioNatural Healing College is not accredited by the United States Department of Education, BNHC is a member of the Agronomy Society of America, Crop Science Society of America, Soil Science Society of America, and American Holistic Health Association (AHHA), reflecting its commitment to a holistic and ecological approach to human health and environmental health improvement education.



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Holistic Health
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Education
Research
Global Impact



Serving Humanity
Building a Better
Tomorrow



In Harmony with
Nature for a
Healthier Planet



August 24-25, 2026



Pomona, California, USA



VIRTUAL

“So which of the
favors of your
Lord would you
deny?”

– Quran 55:13

Praise to the Creator

Everything in creation is a sign of wisdom,
a verse of gratitude, and a reminder of our responsibility.



www.bionaturalhealingcollege.org



info@bionaturalhealingcollege.org

Know Nature • Respect Nature • Heal with Nature • Live in Balance